

## DIRECTIONS

The Prairie Heart Institute is at 619 E. Mason St. in Springfield. This program will be held in the Dove Conference Center.



Mississippi Valley Chapter SUNA and Central Illinois  
Wound Ostomy Nurses Affiliate present...

# UPDATES IN URINARY INCONTINENCE

Sponsored by:  
Memorial Medical Center • St. John's Hospital

**Oct. 6, 2011 • 3pm-8pm**  
Dove Conference Center  
Prairie Heart Institute at St. John's Hospital  
Springfield, IL

# UPDATES IN URINARY INCONTINENCE

## GUEST FACULTY:

**Samuel A. Grampsas, MD**, clinical assistant professor in the Division of Urology at the Southern Illinois University School of Medicine. He specializes in general urology, including benign prostatic hypertrophy, urinary retention, erectile dysfunction, urgent and frequent urination and frequent urinary tract infections.

**Mary Knox, RN, MSN, APN**, Division of Urology at Southern Illinois University School of Medicine. Ms. Knox is a certified nurse practitioner working with males and females with issues including incontinence and sexual dysfunction.

**Patrick H. McKenna, MD**, professor and chair, Division of Urology at Southern Illinois University School of Medicine. Dr. McKenna is a pediatric urologist with special interests in biofeedback, urinary incontinence and recurrent infections.

**Erica E. Nelson, MD**, associate professor, program director and clerkship director, Division of Obstetrics and Gynecology at Southern Illinois University School of Medicine. Dr. Nelson's special interest is in urogynecology.

## INTENDED AUDIENCE:

This conference is intended for RNs, LPNs, patient care facilitators, case managers, social workers and other providers interested in the urological and wound care of patients with incontinence.

## PROGRAM OBJECTIVES:

- Describe the anatomical and hormonal changes which impact urinary incontinence in both males and females.
- State four types of urinary incontinence and how each is managed.
- Identify how biofeedback is helpful in managing adult urinary incontinence.
- Identify indications for surgical intervention in the management of urinary incontinence.

## CONTACT HOURS:

Memorial Medical Center is an approved provider of continuing education by the Illinois Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

The activity is being offered for 4.0 contact hours.

## PROGRAM SCHEDULE:

2:00 p.m.	Registration and vendor set-up
3:00–4:00 p.m.	Altered Body Image and Sexuality Associated with Urinary Incontinence Mary Knox , RN, APN
4:00–5:00 p.m.	Biofeedback and Urinary Incontinence Across the Continuum Dr. Patrick McKenna
5:00–5:30 p.m.	Dinner
5:30–6:30 p.m.	Female Urinary Incontinence : The Impact of Anatomical and Hormonal Changes. Dr. Erica Nelson
6:30–6:45 p.m.	Break
6:45–7:45 p.m.	Surgical management of Urinary Incontinence Dr. Sam Grampsas
7:45–8:00 p.m.	Evaluations



PLEASE USE MEMORIAL'S INTRANET TO REGISTER THROUGH **KNOWLEDGENET.**

X CUT LINE

## REGISTRATION FORM:

Mississippi Valley Chapter SUNA and Central Illinois Wound Ostomy Nurses Affiliate present...  
**URINARY INCONTINENCE**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Employer \_\_\_\_\_ Position/Department \_\_\_\_\_

Work Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Work Phone \_\_\_\_\_ Home Phone \_\_\_\_\_

E-Mail Address \_\_\_\_\_

## REGISTRATION FEE:

- Fee is \$40 (includes all handouts and meal)

*Make check payable to:  
WOCN-CI*

*For additional information, contact:  
Kelly Corcoran at (217) 788-4443 or  
corcoran.kelly@mhsil.com*

*Due to limited seating, prompt registration  
is recommended. Please register early.*

*Mail completed registration form,  
along with your registration fee to:*

Memorial Medical Center  
Attn: Kelly Corcoran  
Organization Development & Operations  
701 North First Street  
Springfield, IL 62781-0001